

CHILDREN AND ADOLESCENTS ADHD FACT SHEET

Attention-Deficit/Hyperactivity Disorder (ADHD)

Children with untreated ADHD and learning disorders may face problems at both home and school, such as falling behind in class, getting poor grades, or struggling to control their emotions. This can lead to lifelong problems in adulthood, that can have legal, health, and financial implications.

ADHD is a neurodevelopmental condition characterised by difficulties with inattention, impulsivity, and hyperactivity. Specific learning disorders are difficulties in reading (dyslexia), writing (dysgraphia) and math (dyscalculia) that affect a person's ability to understand or use language.

- A child with ADHD may have trouble in these areas:
- Being inattentive, such as difficulty concentrating or finishing tasks
- Impulsivity, such as butting into conversations or being accident prone
- Overactivity, such as constant fidgeting and always being on the go
- Problems with executive functioning, which results in difficulties with planning and organisation
- Sleep difficulty and mood dysregulation.

How is ADHD treated?

Combining stimulant medication with other therapies, including counselling and behavioural strategies, is generally the most successful treatment.

What is different about assessments at ANIMA Health Network?

Assessments at ANIMA Health Network are conducted by our [Clinical Neuropsychologists/Registrars](#) who specialise in assessing, diagnosing, and treating psychological disorders associated with conditions affecting the brain.

A multidisciplinary perspective informs the assessment and diagnostic process and draws on the expertise of both clinical psychologists and clinical neuropsychologist.

As part of our assessments, we screen for a broad range of neurodevelopmental and psychiatric disorders to develop a comprehensive diagnostic picture, which allows us to recommend tailored interventions to suit your needs.

