

Young Schema Questionnaire-Revised (YSQ-R)

Online Instructions



Dr Ozgur (Oz) Yalcin here with some exciting news! My colleague Dr. Jason Wessel at Unpack Psychology, and I have been working on an automated report for the YSQ-R, which is now ready for you to share with your patients.

PLEASE customise the link to **replace my email (highlighted) with yours**, which will automatically pre-fill the "enter your psychologist's email" field in the report. You can do this by right-clicking on the link and selecting 'edit link'. This will enhance their convenience and reduce the likelihood of typos. Additionally, it ensures that the report will be sent directly to your specified email address.

- https://docs.google.com/forms/d/e/1FAIpQLSdfHw9g-GPqGTKs65-ej_ik2RbtLEoTCjY-qrruliOiqLzEWQ/viewform?usp=pp_url&entry.1841780567=oyalcin@anima.com.au

It's set up so the report goes to **you** first, and then you share it with your patients. You can then use the same link for all of your patients. I would recommend doing the YSQ-R yourself to ensure it comes to your email. This will also allow you to see the report, which includes a summary of Early Maladaptive Schemas (EMS), patient responses, and a graph that shows the elevated and % of 5 & 6's for each EMS.

Example Email:

Please find Dr Ozgur Yalcin's YSQ-R report attached!

If you are unfamiliar with the 20 EMS measured by the YSQ-R, we strongly recommend reviewing the following:

- [An Introductory Guide to Schema Therapy: Adapted for use with the YSQ-R](#), which outlines the new EMS
- [Webinar: Updated Scoring of the YSQ-R](#)
- [Webinar: Update on the new EMS](#)
- [Additional resources include webinars and research papers on various topics, including Adult ADHD](#)

If you have questions about the development or use of the YSQ-R (including for research), please email the questionnaire author, Dr Ozgur Yalcin, at oyalcin@anima.com.au.

We've added a link at the bottom of the email clinicians receive with the reports, allowing them to regenerate the report themselves if needed. Clinicians simply need to click the link, which pre-fills a 'resubmission' form with their patient's responses, and then hit 'Submit'. If you see any issues with the report, please contact Jason (jason@unpackpsychology.com.au), and he will generate a new report for you and your patient.

For further information regarding the development of online questionnaires in general, or to report any issues with the attached report, kindly contact reports@unravelpsychology.com.au.

Sincerely,

Dr. Ozgur (Oz) Yalcin (www.anima.com.au)

Dr. Jason Wessel (www.unpackpsychology.com.au)

Data Storage: Data are stored on secure drives, which is necessary for us to produce reports. We do not engage in secondary uses of data and strictly adhere to the Australian Privacy Principles contained in the Privacy Act 1988 (Cth). Please check the privacy storage requirements of your country/region. Please direct any questions regarding data storage to: admin@unpackpsychology.com.au

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